

Learn Without Barriers

Instead of...

I can't.

This is too hard for me.

I have bad rhythm.

I give up.

I don't need to practice this anymore. I know it.

I keep messing up.

This is good enough.

Replace with...

I can!

If I use the right practice strategies, I can learn this.

How can I improve my rhythm?

I will keep working on this.

I'm on the right track. I can make this even better.

Mistakes help me see where I need extra practice.

Is this my best?